
Treasure Hunt

Warm-Up

The instructor will read “Ariel’s Treasure Map” to the class. After the book is read, students will be asked to travel in “straight,” “curved,” and “zig-zag” pathways across the floor. The teacher will demonstrate these movement concepts before students are asked to execute them.

Exploring the Concept

Students will each be given a sheet of paper, already folded into three sections. On each section, in a different colored marker, students will draw three separate pathways. They will then combine the three pathways on the back of their paper, using the same original color for each separate pathway (using music.) When the music stops, students will be instructed to freeze in a shape taken from their pathway map.

Developing Skills

Students will be asked to perform different combinations of locomotor movements and directions across the floor, utilizing different pathways. Some examples include:

- hop *backwards* in a “straight” pathway
- skip *forward* in a “curved” pathway
- crawl *under* in a “zig-zag” pathway

Creating

Students, with help from the instructor, will follow along with a treasure map created by the teacher based on the book, “Ariel’s Treasure Map.” Students will dance along to the instructions on the map, including “over,” “under,” “forward,” “backward,” and “in front of.” This will also include pathways covered throughout the lesson.

Cooling Down

Students will participate in a series of cool-down stretches:

- (Standing) Reach *up* over your head
- (Standing) Reach *down* to the floor
- (Sitting) Reach *in front* of your legs, *over* to your right/left leg

©Mariah Bradbury, Single Fleeting Moment, 2012

Dance/Creative Movement

Ages 4-7, Grades Pre K-2

Pathways, Direction, Maps

Description

In this lesson, based on “Ariel’s Treasure Hunt,” by Patricia Grossman, students will learn the concepts of “direction” and “pathways” while also learning to read a map. At the end of the lesson, students will know several directional terms, as well as “straight,” “curved,” and “zig-zag” pathways.

National Dance Standards

- Identify and demonstrate movement elements and skills in performing dance
- Understand dance as a way to create and communicate meaning
- Apply and demonstrate critical and creative thinking skills in dance
- Make connections between dance and other disciplines

Materials/Equipment

- Music
- Treasure Maps
- Paper
- Markers